

## Wellness Memberships

**Individual Rate: \$100/month**  
**Family Rates:**  
**\$200/month for a Family of 2-3**  
**\$250 for a Family of 4-5**  
**\$300 for a Family of 6 or more**

### **Requirements for memberships:**

- The patient must have a \$0.00 balance
- Monthly Draft required on the 1<sup>st</sup> or 15<sup>th</sup> of the month
- The membership is 1 adjustment a week/per person. Visits do not accumulate or roll over to the next month and cannot be passed along to family or friends.
- A 6 month minimum is required. If the patient is unable to commit to the six months the discounted rate no longer applies and the fee will then be \$295 to break the contract.
- After 6 months the wellness membership is on a month to month basis and is drafted until the patient notifies the Active Life staff that they are discontinuing care.

### Office Policies Regarding Your Care

- **No Call No Show Policy-** Please let us know if you are unable to keep your scheduled appointment to avoid a **\$20.00** no show no call fee.
  - **Wellness/Maintenance Care:** It is designed to maintain your improved health and spinal function, and prevent the return of the original condition once spinal correction has been attained. Prevention saves time and money by helping you stay well.
  - **Active Care:** This is designed to eliminate or reduce the majority of the discomfort and stabilize the condition in the shortest amount of time. During this phase of care, visits will be frequent. Repeated visits will be required to reduce or eliminate the symptoms. If an accident occurs or a new injury arises please let us know so we can take the proper steps to insure you see the best results. The discounted rate does not apply when a patient is in Active Care. We are able to submit visits to your insurance company during this phase of care.
- 